

# Why Rivers of Life

## About Us

Rivers of Life is an innovative, locally owned and operated Memory Care and Enhanced Assisted Living community. When your loved one lives here, they become part of our family. Our owners and team are guided by a spirit of service and respect. Our goal is to create a strong sense of community while providing for the day-to-day needs of the people we serve.

We have a high staff-to-resident ratio with trained staff members available on-site at all times. In addition, our entire program is managed by a dedicated nurse to ensure the highest possible standard of care. The members of our leadership team are certified dementia educators and have over 40 years of collective experience.





## Our Family Approach

We see your loved one as a person whose life has purpose and meaning- a person who is more than just the condition they have. By focusing on the possibilities instead of the limitations, we are creating days of meaning and joy for our residents.

## Joy In Your Surroundings

Creating a “home atmosphere” is a combination of home-like features which develop deep connections and a sense of purpose. Familiar objects and items that draw in the past, such as old photos or a handmade quilt, help maintain a sense of belonging and security. By filling your loved one’s home with significant items, you are reminding them of who they are and all who love them.

## Privacy

High on the priority list for seniors is privacy. Being respectful when addressing personal cares and needs is extremely important. We work hard to honor that.

# Purposeful & Meaningful

## Your day, your way.

### Programs & Activities

Enrichment programs, activities, and therapy using music, art, aromatherapy, and pets are offered throughout the day. Activities will be based on the person's past lifestyle, interests, and routines. It will be age appropriate and respect their individuality. From exercise, games, gardening, and music to drawing/coloring, petting animals, loving their "babies", or just enjoying the sunlight. Our goal is to make sure they are living a full life of their choice!

### Fresh Meals & Snacks

Fresh meals served in our open area dining 3x daily, healthy snacks available all day, and a hydration program keeping your loved one hydrated.



## Sensory-Focused Design

Sensory focused building design with colors and flooring picked specifically with your loved one's comfort and safety in mind. The sensory design of our community includes gardens, sunrooms, and fish tank to make our space feel special and homey. Sensory stimulation encourages positive emotions and reduces anxiety.

## Partnerships

Rivers of Life partners with our local churches to provide weekly services, communion, and other activities for a variety of faiths. We also partner with a physician service, specialized foot care nurse, beauty salon operator and Home Care agencies to limit need for outside appointments.



# Building Amenities

**Everything one hopes for their loved-one.**

## Clean Air

Our HVAC system provides consistent tempered fresh air from outside. Our air exchange replenishes the entire building with fresh air 5-6 times an hour.

## Private, Customizable Apartments

Private, customizable apartments with natural lighting , ADA compliant bathroom, television with basic cable and a small refrigerator.

## Gathering Areas

Gathering areas with fireplaces throughout the building and several dedicated intimate living spaces in the center of each neighborhood. These spaces are specifically for activities, music therapy and interaction in order to encourage residents to participate and thrive outside their individual apartments.





## Thoughtful Pathways

Our intentional layout is more than just a blueprint; it's a testament to our dedication to enhancing the quality of life for our residents. The seamless integration of open spaces and purposeful pathways reflects our belief that every step taken here should be a step towards joy, connection, and a life well-lived.

## Natural Light

Our sun-filled rooms and hallways are designed to provide a beacon of comfort and solace. Our commitment to incorporating natural light is driven by a deep understanding of its therapeutic benefits. Sunlight regulates circadian rhythms, fostering a sense of calmness and aiding in a smoother transition between day and night.

## Outdoor Space

Safety is paramount, and our outdoor space is secured giving peace of mind for both residents and their families. Residents enjoy the freedom to stroll, engage in activities, or simply bask in the natural beauty of the outdoors.

## Therapy Kitchen

In our thoughtfully designed therapy kitchens, we embrace the belief that an open kitchen is more than a culinary space – it's a catalyst for a feeling of home and independence.

## Technology & Security

In our commitment to transparency and security, we've harnessed the power of technology and communication ensuring you're always in the loop regarding the care and comfort of your cherished loved one. From advanced monitoring systems to secure access controls, we've implemented measures that go beyond industry standards to create a protective haven where residents can thrive.



# Building Design

Rivers of Life is designed to provide a safe and secure environment while promoting independence and a sense of familiarity for residents.

Comfortable gathering spaces, calming color schemes, and natural light contribute to creating a soothing and engaging atmosphere that promotes mental and emotional well-being.





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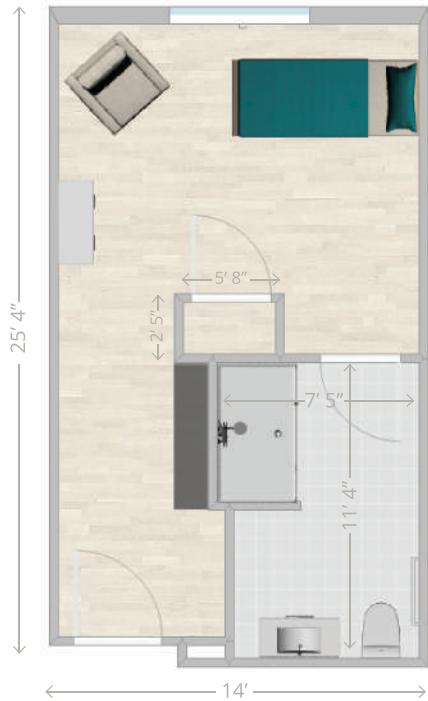
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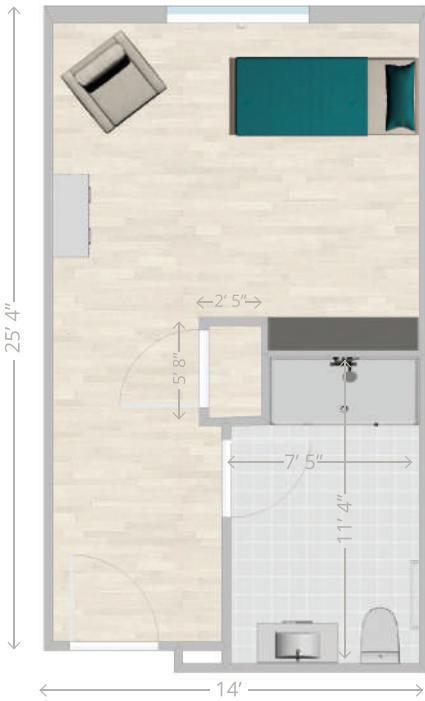
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# Floor Plans

## Savage



**East Neighborhood  
Apartment**



**West Neighborhood  
Apartment**

~355 sq. ft

(Dimensions approximate)



# Floor Plans

## Eagan



~350 sq. ft

(Dimensions approximate)

